



Met Trenta 3K Carbon helmet

Price TBA, met-helmets.com

How do you make any item of cycling kit better? Simple, add some carbon. Met clearly took this on board when designing its new Trenta helmet because those white outer ribs you can see are linked by a 3K tow carbon cage. The company says the attributes of this cage allowed it to reduce the density of the EPS shell without compromising its ability to absorb hits, while also reducing weight (a medium is 223g) and shrinking the helmet's frontal area.

The new lid celebrates the Italian firm's 30th anniversary, and it has made some bold performance claims for the Trenta: 'It's been proven to save 7% in drag when riding in a group at 45kmh,' says Met's Ulysse Daessle.

With Met sponsoring UAE Team Emirates this season, perhaps we'll be treated to even more long-range solo attacks from the likes of Rui Costa. In the meantime, you'll have to be patient while the good people at Australian Standards to their due diligence to ensure it's safe for our roads. For those who can't wait, the regular Trenta is now available for \$349.