

## Latest Dirt

### LIGHTWEIGHT LUPO



A brand new model from Met, the Lupo has just passed Australian standards and is ready for the local market. This helmet aims to strike a balance between lightweight road/XC style helmets and the enduro inspired models that have gained popularity of late. It's still very light (Met claims 320g) and features substantial vents right through the shell. There's more rear and side coverage than an XC design and it caters for goggle wearing enduro riders too (there's a strap retainer on the rear). The visor is micro adjustable and Met also employs their special gel front pad, which channels sweat away to the sides rather than absorbing it. It's offered in two shell sizes; the medium covers from 54 to 58cm while the large goes from 59-62cm. Colour options include blue, black/fuchsia, white and black, and the Lupo is expected to sell for \$189.

Advance Traders 1300 361 686 / [www.met-helmets.com](http://www.met-helmets.com)



### PURE PRODUCT

Designed and made in New Zealand, the Pure brand offers a wide range of sports nutrition products. The line-up ranges from whey protein concentrates to endurance enhancing beetroot powder, but their mainstay would have to be their electrolyte hydration range. Like all of their products it's made from high quality natural ingredients and real fruit. In addition to the electrolytes, these products also contain natural antioxidants and easily absorbed carbohydrates. A 500g pouch of Pure Electrolyte Hydration powder makes nine litres of drink and sells for \$29. It's available in a range of quantities and flavours including lemon, pineapple, raspberry, super fruits and more.

Velo Vita (02) 9700 7977 / [www.velovita.net.au](http://www.velovita.net.au)

### POCKET SIZED

If you like heading off on longer rides – maybe even multi-day adventures – it pays to be prepared for all manner of mechanical mishaps. While you may want to carry a spare spoke, it's nearly inevitable that any failure will occur on the drive side of the rear wheel, and you won't be able to replace it with the cassette in place. Removing the cassette requires a chain whip and other bulky tools that you wouldn't want to carry. This is where Unior Tools has a solution; their 'Pocket Spoke and Freewheel Remover' is designed to remove the cassette lock ring without needing a chain whip. Once the tool is in place, you refit the wheel and pedal forwards. The tool is designed to lock against the frame and the drivetrain undoes the lock ring. It also incorporates a spoke tool for truing the wheel once the new spoke is fitted. Weighing in at 18g and measuring 35mm across, it's something that you can easily slip into your pack when heading off into the wild. Expect to pay around \$18 for the Pocket Spoke and Freewheel Remover.

Bicycle Parts Wholesale (03) 9702 9044 / [www.unior-bike.com](http://www.unior-bike.com)



### GRIP ENGINEERING

German company Ergon is known for taking a very analytical and engineering based approach to their product design—even with seemingly simple items like grips. They are the company that popularised the 'ergo' style grip that some riders use to relieve hand pain on long rides. The new GE1 is aimed at riders who enjoy riding technical terrain and want comfort without compromising bike control. Its profile is subtly shaped to better fit the hand and incorporates cut-outs within the hard inner grip that provide some extra shock absorption. Locating the locking ring on the inside makes the outer portion fully usable and the very end is slightly tapered so it's less likely to catch if you glance off a tree. Ergon also offers them in regular and 'slim' diameters to suit individual preferences. These highly engineered grips sell for \$45 and come in a range of colours; black, red, blue, grey and lemon.

Bike Box (03) 9555 5800 / [www.bikebox.com.au](http://www.bikebox.com.au)

